



BREAKFAST

Crafted for the morning

M E N U



M I S S I S S A U G A

BENEDICTS



AVOCADO BENEDICT

19

2 poached eggs on a toasted English muffin with smashed avocado, fresh tomato, red onion and green mix, finished with creamy hollandaise. Served with breakfast potatoes. (800 CALS)

EGGWALA FLORENTINE

19

2 poached eggs on a toasted English muffin with sautéed spinach and mushrooms, creamy hollandaise, paprika and chives. Served with breakfast potatoes. (750 CALS)

Choose Your Hollandaise: Classic • Spicy

GARDEN BRUNCH

GARDEN FRESH

21

Avocado, sautéed mushrooms, spinach, greens, red onion, roasted & fresh peppers, feta, capers, olives and scallions, topped with spicy hollandaise. Served with breakfast potatoes and 1 egg your way. (700 CALS)



CITRUS AVOCADO GARDEN

24

Fresh green mix, lettuce, chickpeas, orange, grapefruit, avocado, walnuts, cherry tomatoes, sunrise tomatoes, feta and cranberries, finished with balsamic seasoning. (550 CALS)

Choice of: Paneer • Tofu



SANDWICHES

CHEESY GRILLED MELT

18

Cheddar, mozzarella and creamy melted cheese, grilled until golden and served with our house special dip. (700 CALS)

TOMATO BASIL GRILLED CHEESE

18

Fresh tomato, basil, cheddar and mozzarella, grilled to golden perfection and served with our house special creamy garlic dip. (700 CALS)



AVOCADO TOAST

VEGAN AVOCADO TOAST

18

Creamy avocado seasoned with sesame seeds, lemon zest, sea salt, chili flakes and cranberry served on toasted bread with breakfast potatoes. (600 CALS)

PERI-PERI PANEER TOAST

21

Creamy cheesy peri-peri paneer, avocado, seasoned guacamole, green mix, cheddar and Swiss cheese blend, tomatoes, capers and scallions. Served with breakfast potatoes. (850 CALS)

AVOCADO EGG TOAST

19

2 scrambled eggs, avocado, seasoned guacamole, green mix, cheddar and Swiss cheese blend, tomatoes, capers and scallions. Served with breakfast potatoes. (750 CALS)

VEGGIE OMELETTE 19

Fluffy omelette filled with your choice of 3 fresh vegetables: tomato, mushrooms, red onion, green pepper, red pepper, green onion, sweet corn or spinach. Served with breakfast potatoes. (550 CALS)

CHEF'S SPECIAL MASALA OMELETTE 20

Our signature omelette is blended with fresh green vegetables, aromatic Indian spices, cheese, and herbs. Served with two slices of toasted bread. (700 CALS)

CHEF'S SPECIAL HOLLANDAISE OMELETTE 22

Rolled omelette filled with creamy cheese and fluffy egg whites, topped with our signature hollandaise sauce. Served with breakfast potatoes. (700 CALS)



PANCAKES & WAFFLES



FLUFFY PANCAKES

Fluffy pancakes served with your choice of 2 fresh fruits, 1 sauce and 1 topping. (750 CALS)

20

BELGIAN WAFFLE

Crispy Belgian waffle served with your choice of 2 fresh fruits, 1 sauce and 1 topping. (750 CALS)

20

CHOOSE YOUR FRUITS

Banana Strawberry Blueberry Seasonal Fruit

CHOOSE YOUR SAUCE

Maple Syrup	Honey	Milk Chocolate	White Chocolate
Caramel	Nutella	Lotus Biscoff	Blueberry Compote
Pistachio	Strawberry Compote		

CHOOSE YOUR TOPPING

Chocolate Chips White Chocolate Chips Rainbow Sprinkles
Whipped Cream

MAKE IT LOADED

Add \$2 for each additional fruit, topping or sauce.



AÇAÍ & SMOOTHIE BOWLS

BERRY BLISS SMOOTHIE BOWL 20

Creamy mixed-berry smoothie blend topped with your choice of 2 fresh fruits, 2 seeds and granola, finished with your choice of sauce. (550 CALS)

CLASSIC AÇAÍ BOWL 20

Creamy açai blend topped with your choice of 2 fresh fruits, 2 seeds and granola, finished with your choice of sauce. (500 CALS)

CHOOSE YOUR FRUITS

Banana Strawberry Blueberry Seasonal Fruit

CHOOSE YOUR SAUCE

Maple Syrup Honey Milk Chocolate White Chocolate
Caramel Nutella Lotus Biscoff Peanut Butter
Pistachio

CHOOSE YOUR SEEDS & NUTS

Chia Seeds Sunflower Seeds Hemp Seeds Almond Slice
Cashew Pistachio Crunch

OPTIONAL ADD-ONS

Chocolate Chips • White Chocolate Chip

Add \$2 for each additional fruit, seed, topping or sauce.



SMOOTHIES

STRAWBERRY & BANANA 10

Fresh strawberries, banana and Greek yogurt blended with your choice of orange juice or milk. (400 CALS)

GREEN GIANT 10

Mango, baby spinach, pineapple, kale, kiwi and green apple blended with orange juice. (300 CALS)

TROPICAL BLISS 11

Pineapple, mango, passion fruit and dragon fruit blended with coconut water. (300 CALS)

BERRY BLAST 10

Raspberries, strawberries, blueberries, blackberries and Greek yogurt. (400 CALS)

AVOCADO DATE SHAKE 12

Avocado, banana, Medjool dates, milk and a touch of cinnamon. (550 CALS)

ADD-ONS 2

Peanut Butter • Chia Seeds • Protein



FRESH & COLD

THE EGGWALA

SIGNATURE COFFEE

SAFFRON ELAICHI BULLET COFFEE 9.99

Espresso blended with saffron, cardamom & creamy milk.

SMOKED ROSEMARY COLD BREW 9.99

Cold brew, tonic, fresh lemon & smoked rosemary.

ESPRESSO ORANGE TONIC 9.99

Fresh orange juice & tonic topped with double espresso.

ESPRESSO CRANBERRY TONIC 9.99

Cranberry juice & tonic topped with double espresso.

ESPRESSO TONIC 7.99

Chilled tonic topped with double espresso & fresh citrus.

COFFEE BOMB 10.99

Double espresso poured over chilled Red Bull & ice.

MONT BLANC 10.99

Fresh orange juice, bold espresso & silky vanilla foam.

AFFOGATO 10.99

Double espresso poured over vanilla ice cream.

SIP,
SAVOUR,
REPEAT.

MILK OPTIONS

Regular Milk • Almond Milk • Oat Milk
Add \$2 for Almond or Oat Milk.



MATCHA

MATCHA LATTE 7

Premium matcha with creamy milk.

Classic • Vanilla, Strawberry or Mango +\$1

TEA & INFUSIONS

KADAK CHAI 5.50

Rich Indian style tea brewed with milk, cardamom, ginger and aromatic spices.

EARL GREY 5.50

Classic black tea infused with fragrant bergamot and a refreshing citrus aroma.

LONDON FOG 5.50

London Fog tea, steamed milk, vanilla and a touch of sweetness.

GINGER LEMON GREEN TEA 5.50

Green tea infused with fresh ginger, lemon and a touch of honey.



HOT & COLD BEVERAGES

WATER & MILK

Still Water	3.50
Sparkling Water	3.50
Milk	4.00
Almond Milk	4.00
Oat Milk	4.00

HOT COFFEE

Espresso	4.00
Double Espresso	5.00
Americano	5.00
Cappuccino	5.00
Flat White	5.00
Macchiato	5.00
Cortado	5.00
Cafe Latte	5.00
Vanilla • Caramel • Spanish	
Mocha	6.00
Hot Chocolate	6.00

JUICES & LEMONADE

Orange Juice	4.00
Apple Juice	4.00
Pineapple Juice	4.00
Cranberry Juice	4.00
Classic Lemonade	5.00

ICED COFFEE

Iced Americano	5.00
Iced Mocha	6.00
Cold Brew	5.50
Iced Latte	5.50
Vanilla • Caramel • Spanish	

FRAPPÉS

COFFEE FRAPPÉ	8.00
Espresso, milk, ice & vanilla.	
Mocha, Caramel or Nutella \$1	
BROWNIE FUDGE FRAPPE	9.99
Chocolate brownie, espresso, chocolate sauce & ice, topped with whipped cream & brownie crumble.	

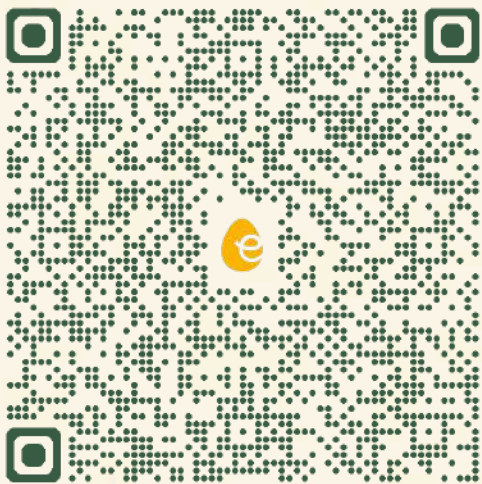
FOOD NOTE

- Got allergies? Tell us before ordering. Not after 3 bites and a sudden realization.
- Wait time may go up to 1 hour. Relax, good things take time. This isn't instant noodles.
- Once the order is placed, it's final. No take backs we're committed, even if you're not.
- Some dishes contain butter, oil & flavour. If that's a problem maybe today's your cheat day.
- Some dishes contain butter, oil & flavour. If that's a problem maybe today's your cheat day.
- Now that you've read all this. Order something worth the wait.

PLEASE NOTE

- 12% gratuity will be automatically added to tables of 6 or more guests.

RATE US



- ✉ contact@theeggwala.com
- ☎ +1 (905) 949 9808
- 🌐 www.theeggwala.com

THANK YOU

FOR CHOOSING TO DINE WITH US